

koffee konversations

the online newsletter by Koffee Day Spa :: www.koffeedayspa.com :: March/April 2007

dear spa lover

Spring is here and its time to get ready for the red hot summer. This is a great time of the year to make facials a high priority because your skin is going to go through changes as the sun gets hotter. Facials will help keep your pores clean, get rid of dead skin cells and give your skin that nice healthy glow. It's also important to consider changing your skin care routine for the summer. Many people don't realize their skin care routine should change with the seasons. Due to the hot sun, make sure to use a sunscreen to protect your skin from the harmful UV rays. And yes... UV rays do effect woman of color. Visit Koffee and get a personal skin care analysis that will help determine what products, whether botanical or organic, is best for you. Remember to *hide and hydrate* this summer. *Hide* your skin from the harmful sun and *hydrate* it by drinking lots of water.

Spa-cerely,
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koffee celebrates mothers and daughters



Koffee Day Spa presents: 1st Annual Mother Daughter Retreat

This retreat is designed to celebrate and honor thy mother. We created an exclusive one day extravaganza so you and your mother can relax, bond and celebrate the joys of being fearfully and wonderfully made women!

Your Mother Daughter Retreat Includes:

- Check In/Welcome/Meditation
- Light Breakfast
- Non-Fat Body Wrap
- Footsoak w/Mud
- Guest Speakers
- Wardrobe Consultation
- Photo Shoot (Two 8X10 pictures included)
- Yoga Meditation
- Double Hot Rock Massage
- Customized Mini Facial
- Lunch
- Makeover
- 6pm-Dinner/Closing

Retreat Details:

Where: Koffee Day Spa 1700 Wood Street Dallas, Texas 75201

When: May 20, 2007 Time: 9am-7:30pm

Cost per person: \$370

Please R.S.V.P. by Wednesday, May 16, 2007

what's brewing at koffee?



1 Koffee Klub

We all know the children are the future. That's why Koffee Day Spa is proud to announce, in September 2007, we are going to offer 6 lucky teens the chance to learn about etiquette and inner and outer beauty. We will host this event one Sunday out of the month. The service is **FREE** and is offered to teen's 12-17 years old. Stay tuned for details on how you can get a child involved in this one-of-a kind opportunity.

2 Manicures and Pedicures

Coming 2008 Koffee Day Spa will be offering spa manicures and pedicures. And of course we plan on keeping our reputation as a premiere private day spa. So no waiting in line behind 10 other people. This service will still require an appointment.

3 Book Klub

We are looking to jump start a different kind of book club that is geared towards helping us become better through mind, body and spirit. Koffee is currently in the mist of trying to create this unique book klub. We would meet bi-monthly. If you are interested please give us an email. We hope to launch this book Klub by September 2007. Email: info@koffeedayspa.com

spa style



Like Butta Baby...

As featured in Daily Candy April 30, 2007, try our natural, moisturizing, skin soothing, and delicious smelling smoothing butter. Smoothing butter is great for normal to very dry skin. Your skin will be left feeling silky soft and conditioned. Did we mention you'll smell fabulous? With over 10 different custom fragrances to choose from, you have no choice but to have scent-sational skin! Mention this article and receive \$3.00 off your next purchase of Smoothing Butter.

final thought



How To Make The Most of Your Spa Service

1. *Look over the spa menu of choices:* This makes it easier for you to know what you want or at least have an idea of what services are available in your price range.
2. *Read the spa policy:* Every established spa should have proper policies, procedures and requirements. Remember each spa is different so read each spa's policies.
3. *Be open:* Don't expect the same thing from different spas. Each spa has a different concept and theme for you to appreciate and enjoy.
4. *Ask questions:* Don't be afraid to ask questions prior to your visit. Call or visit the spa's website for more info.
5. *Relax, Relate, and Release:* If you do your homework before you come to the spa, your visit should be nothing but pure RELAXATION.